

OUTDOOR LEARNING CARDS

Inspirational outdoor learning activities

The Outdoor Learning Cards have been developed by the Outdoor Education Advisers' Panel (OEAP) as a resource to support teachers and youth leaders who wish to deliver exciting and inspirational outdoor learning activities.

The Outdoor Learning Cards activities contribute directly to a wide range of educational and development aims for young people (aged 5-15) and cover four elements of Outdoor Learning that can be delivered on the immediate site and surrounding environment:

- **Orienteering**
- **Team Building and Problem Solving**
- **Bouldering** - Use of low level climbing walls
- **Journeying** - Local visits organised by young people

The Cards are supported by a Handbook and CD that provide detailed information on all aspects of activity delivery. Key elements are explored further in the nationally recognised one-day Outdoor Learning Cards training course. The Cards and supporting materials are only available through the training course.



For further details or to book on a training course please contact your Outdoor Education Adviser:

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ORIENTEERING

TREASURE ISLAND

Activity

Aims: To develop the use of shapes and symbols and further develop setting the map.
• Using chalk or a length of rope mark out the coast line of the island in a simple shape. Give the young people a piece of the shape.

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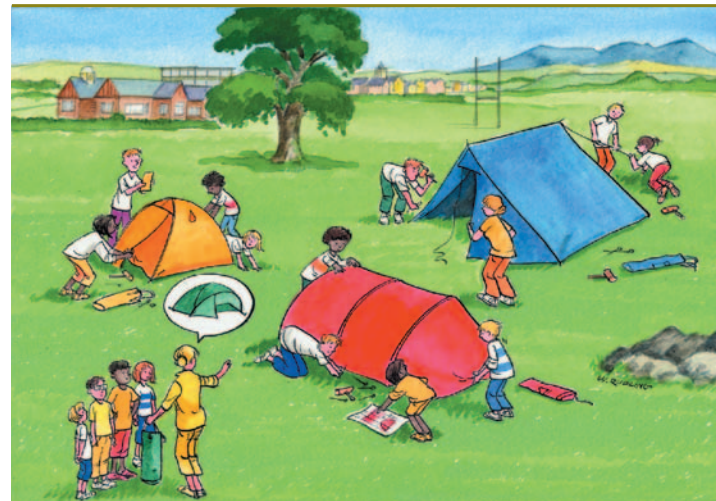
TEAMBUILDING

NEWSPAPER GAME

Activity

Aim: To re-assemble a ripped up 'newspaper', putting it back together using tape, in the correct order and in the allocated time.
• Small groups have 15 minutes (time limit variable and optional) to put the 'newspaper' back together.
• They only have 1 roll of tape to do this.

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Review & Evaluation

JOURNEYING

CAMPCRAFT – TENT PITCHING

Activity

Aim: This session will illustrate the considerations needed to pitch a tent
• Organise the young people into small groups – 4 is a good number.
• Each group is provided with a tent – they must pitch the tent on an area of the site and when the exercise is complete take down the tent and pack away all the equipment.
• Where possible choose different places on the site – i.e. next to a hedge, by a tree or on a slope. Where this is not possible give the group a scenario, for example Group 1 must assume that they are pitching the tent underneath a large horse chestnut tree; Group 2 must assume that they are pitching the tent on a slope, etc.
• When they have erected the tent they must tell the leader who will then instruct them on the next part of the task.

